**13A – CHILDBIRTH - ROUTINE**

**TREATMENT PRIORITIES**
1. Supportive Care
2. Vital signs
3. Transport left lateral recumbent if prior to delivery
4. OLMCP consultation for cases of complicated delivery:
   - Cord prolapse
   - Limb presentation
   - Breech delivery
   - Neonatal resuscitation
5. Transport directly to labor and delivery if directed/usual hospital destination practice
6. Post Delivery Infant Care:
   - Stimulate/dry/perform oral nasal suctioning
   - Prevent hypothermia
   - O2 administration

**EMD**
- Advise to not try to prevent the birth
- Advise not to sit on toilet
- Advise patient take deep breaths between contractions

**EMR**
- General Supportive Care
- Cephalic (Head First) Presentation:
  - Position mother supine/knees widely separated/buttocks elevated w/pillow/blanket
  - Place sterile pad/sheet under and around vagina
  - Place one hand over fetal head
  - Apply minimal stabilizing pressure to prevent explosive birth
  - Suction mouth then each nostril with bulb syringe if needed to clear airway
  - Allow head to rotate naturally
  - Deliver the rest of infant – may require gentle downward pressure on anterior (upper shoulder) & gentle upward pressure on posterior (lower) shoulder for easier delivery
  - Clamp/cut umbilical cord
  - Assess infant/calculate Apgar score at one and five minutes post delivery using table

**EMT**
- Advise to not try to prevent the birth
- Advise not to sit on toilet
- Advise patient take deep breaths between contractions

**EMT-I85**
- IV access
  - IV NS TKO IF SYS BP ≥ 100 mmHg WITHOUT HYPOTENSIVE SYMPTOMS
  - IV NS 250 mL BOLUS IF SYS BP <100 mmHg WITH HYPOTENSIVE SYMPTOMS & NO SIGNS OF PULMONARY EDEMA
  - Repeat up to 2 liters NS IF SYS BP REMAINS < 100 mmHg WITH HYPOTENSIVE SYMPTOMS & NO SIGNS OF PULMONARY EDEMA

**AEMT**
- IV access

**PARAMEDIC**
- Continuous assessment & treatment per applicable protocol(s)

<table>
<thead>
<tr>
<th><strong>APGAR SCORING (SIGN)</strong></th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
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<tbody>
<tr>
<td>Appearance</td>
<td>Blue or pale</td>
<td>Body pink, extremities blue</td>
<td>Completely pink</td>
</tr>
<tr>
<td>Heart Rate (BPM)</td>
<td>Absent</td>
<td>≤100</td>
<td>&gt;100</td>
</tr>
<tr>
<td>Grimace (Reaction to Catheter in Nares)</td>
<td>No response</td>
<td>Grimace</td>
<td>Cough or sneeze</td>
</tr>
<tr>
<td>Muscle Tone</td>
<td>Limp</td>
<td>Some flexion</td>
<td>Active motion</td>
</tr>
<tr>
<td>Respiratory Rate</td>
<td>Absent</td>
<td>Slow/irregular</td>
<td>Good, crying</td>
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</tbody>
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